



Supporting Discoveries in Spinal Deformities



Pioneering Research in Spinal Deformities

Share Your Story

Guide to Getting Started

To submit a story, please do the following:

- Complete and sign the [Patient Story Submission Form](#)
- Complete and sign the [Authorization Form](#)
- Send all stories or questions to janderson@ssshsg.org and be sure to include your story idea in the subject line.
 - Example: "10 Things I Want My Loved Ones to Know About My Scoliosis."
 - We also accept previously published blog posts. In this case, just send us the link.

Note:

Please note that we do edit stories and their titles for length, clarity, and adherence to our own editorial guidelines. Your title may be changed and certain language or comments that contain unsubstantiated claims may be removed. We never want to misrepresent your voice or message. If your story is published on our site, it may be promoted on one or all of our social media platforms.

Sample Writing Ideas

We accept submissions on all topics!

These are ideas to inspire your process and help explain your experience:

- Imagine someone Googling how to cope with your (or a loved one's) diagnosis. Write the article you would want him or her to find.
- Coin a term to describe a symptom, characteristic, aspect, etc., of your diagnosis.
- Write a letter to a person interested in a relationship (romantic or platonic) with you/someone with scoliosis. What should that person know and/or expect?
- Tell us about a stranger's comment about your (or a loved one's) condition that stuck with you. How did that comment make you feel? Why was/is it significant to you?
- Describe a moment when you experienced intolerance or inaccessibility. What needs to happen to change this?
- What's one phrase you wish people would stop saying about your (or a loved one's) condition? Why?
- What is society's most common misconception about scoliosis?
- When you imagine a world without scoliosis, what does it look like? How would your life be different?
- Write a letter to your parents, child, friends or loved ones sharing something about your scoliosis journey that they never knew. Why couldn't you tell them about it then? How does it feel to tell them now?

Thank you for sharing your story with us!