

# AHEAD OF THE CURVE

The Official Newsletter of The Setting Scoliosis Straight Foundation

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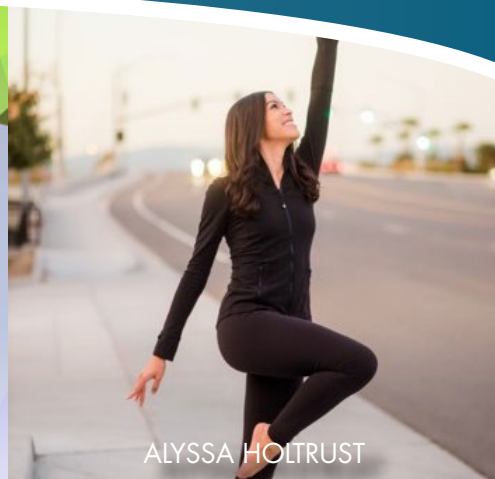
## ALYSSA HOLTRUST

### New Scoliosis Ambassador

*We are excited to introduce our new Scoliosis Ambassador, Alyssa Holtrust. Alyssa has done an amazing job organizing a successful dance class to fundraise for scoliosis research. We cannot thank her enough for her amazing support.*

Hello, my name is Alyssa and I am a scoliosis fighter and dancer! I was diagnosed with scoliosis when I was 15 years old. My scoliosis was rapidly worsening, and I had a spinal fusion when I was 19 years old. This surgery was medically necessary because if I declined to have the operation, it was projected that I may be dependent on a wheelchair in the near future. Although recovering from my spinal fusion was challenging, it provided me with more strength and an opportunity to continue walking and dancing. The Setting Scoliosis Straight Foundation's mission is to advance techniques to treat spinal deformities in order to create a future where children and adolescents can live healthy and happy lives. My spinal fusion changed my life for the better and it would not have been possible without research, education, and early detection!

Visit our website to read Alyssa full scoliosis story!



ALYSSA HOLTRUST



DANCE CLASS FUNDRAISER

## ANNUAL EVENTS

### Fundraiser & Patient Education Course

Due to the COVID-19 pandemic, we have decided to postpone our live 25th Anniversary **Ahead of the Curve Gala** and **Power Over Scoliosis** patient education course in New York City to ensure the health, safety, and security of our staff and attendees.

The good news is, we have decided to move our Power Over Scoliosis course to an online webinar so newly diagnosed patients won't have to miss out on great evidence-based information from renowned surgeons and medical experts from around the world.

If you are interested in attending our webinar, visit our website for new updates and learn how to register today.



2019 POWER OVER SCOLIOSIS



ATTEND OUR WEBINAR



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# LEARN FROM HOME

*Not being able to leave your home can be tough. But don't let that stop you from learning more about scoliosis.*

*We are proud to present our large video library which consist of evidence-based information and a wide range of interviews with renowned surgeons and patients who have traveled through different treatments such as bracing, spinal fusion surgery, and vertebral body tethering.*



## New FAQ Videos

Finding out you or your child have scoliosis can be scary and we know you have a lot of questions. Check out our FAQ videos and hear from many renowned surgeons.

## Presentations Videos

Watch recorded presentations from our annual patient education events. Our events purpose is to educate and provide expert insight to patients and their families.



## Patient Interviews

Every patient has a story to tell. Watch inspirational interview videos of scoliosis patients to hear their stories and advice for newly diagnosed patients.

## Video Handbook

We have created a series of videos about Adolescent Idiopathic Scoliosis (AIS). These videos were created for you, to guide you as you start your journey.

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