

# AHEAD OF THE CURVE

*The Official Newsletter of The Setting Scoliosis Straight Foundation*

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## RUNNING TO SET SCOLIOSIS STRAIGHT!

### Philadelphia family organizes Super Run to benefit Setting Scoliosis Straight research efforts!

Jarrood Padilla is 14 years old and was diagnosed with Scoliosis one year ago. He currently wears a brace but that doesn't stop him from being an avid runner. His mother Jenn, wanting to create a positive experience with Scoliosis for Jarrod, reached out to the Super Run organization. Setting Scoliosis Straight was named the host charity thanks in large part to the dedication and commitment of Jenn and the Padilla family to raising Scoliosis awareness in their community.



Over 1000 runners participated in the race including a team organized by Jarrod and his brother Milton, Jr. made up of family and friends and aptly named "Races with Braces". Hundreds of race participants visited the Setting Scoliosis Straight booth and learned how Scoliosis affects different regions of the spine through a fun, interactive bean bag toss game that Jarrod's dad, Milton constructed. Following the event, Jenn remarked how happy Jarrod was to have experienced 'giving back' as a patient with Scoliosis. With so many challenges associated with his diagnosis and bracing treatment, it was so great to have a positive event and feelings of happiness. The Foundation is extremely grateful to Jenn, Milton, Milton Jr and Jarrod for their passion and efforts associated with the Setting Scoliosis Straight Super Run!



*Jarrood, before the race proudly wearing his Races with Braces team shirt.*



*Participants in the Super Run took part in an educational game of bean bag toss, that provided a fun way of learning the different scoliotic curves in various areas of the spine.*

Visit our website for more details.

[www.settingscoliosisstraight.org](http://www.settingscoliosisstraight.org)

Follow Us



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## Setting Scoliosis Straight Presents,

### "Patient Education = Power over Scoliosis"

As a patient or a parent of a child with Scoliosis, it can sometimes be difficult to navigate through all the information that is found on the web. How do you know what to believe and what to try as a potential treatment option for your loved one with Scoliosis? Through the expertise of surgeon members of the Harms Study Group, esteemed colleagues and the power of 'evidence-based' research findings, this educational forum for patients and their families will provide valuable information that is not available elsewhere. This event will be held on Saturday May 14, 2016 in Philadelphia and will be FREE to all attendees. The ½ day educational forum will be followed that evening (6-10pm) by an awareness gala to support Setting Scoliosis Straight. Please be sure to save the date and we look forward to LEARNING and CELEBRATING with you in Philadelphia (more details to come soon).

## Harms Study Group News:

### Surgeon members present research findings at annual scientific meetings:

In March at the American Academy of Orthopedic Surgeons annual meeting, **Barry Lonner, MD** presented the latest findings on the Risk Factors of Proximal Junctional Kyphosis in Adolescent Idiopathic Scoliosis. In May, at the Pediatric Orthopedic Society of North America annual meeting, **Firoz Miyanji, MD** from BC Children's Hospital in Canada presented the optimal surgical approach for Lenke 5 curves.



### On the move...

Congratulations to HSG member Pat Cahill, MD who has recently accepted a position as Spine Surgeon in the Division of Orthopedics at Children's Hospital of Philadelphia.

Best Wishes to HSG members Larry Lenke, MD and Ron Lehman, MD as they depart from Washington University in St. Louis to establish their new practice associated with The Spine Hospital at New York-Presbyterian Allen and Morgan Stanley Children's Hospital of New York along with colleague and new HSG associate member Mike Vitale at Columbia University.

**DON'T FORGET!** As a patient volunteer for the **Harms Study Group**, your continued help is essential. Please remember to make all of your scheduled follow-up appointments with your spine surgeon.

[www.settingsscoliosisstraight.org](http://www.settingsscoliosisstraight.org)